



The *Lepista nuda*, also called wood blewit or blue stalk mushroom. Synonyms: *Rhodopaxillus nudus* (Bull.) Maire, *Tricholoma nudum* (Quélet). It is taxonomically classified as follows:

- **Subdivision:** Basidiomycotina
- **Class:** Homobasidiomycetes
- **Subclass:** Agaricomycetidae
- **Order:** Tricholomatales
- **Family:** Tricholomataceae

## MORPHOLOGY

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**Cap:** It can occasionally reach 15 cm in diameter, although typically it is between 5 and 10 cm, initially convex-shaped and eventually flattening out. Sometimes it is obtusely umbonate and others completely flat. It is a purplish blue in its typical form, but has different hues, which leads to the existence of many varieties. Lubricated, viscous cuticle with rainy weather, almost inseparable from the flesh, which turns brownish in adult specimens.

**Gills:** Adnate and tight, in a striking purple colour when the specimen is young. One of the key characteristics is that it separates easily from the flesh, even just with a fingernail.

**Stipe:** cylindrical and full, quite fibrous and thickened at the base. The colour is similar to that of the gills or somewhat lighter.

**Flesh:** thick and tender, especially the cap, somewhat more fibrous in the foot; pale lilac or whitish. It has a fruity odour. It is a very aromatic mushroom, and it has a sweet, pleasant flavour.

## HABITAT

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It is a mushroom that appears in some profusion in late autumn, and it is even found in early winter in some areas. It grows in diverse habitats, ranging from both deciduous and pine forests to heaths, being both frequent and widespread.

## COMMENTS

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It is a good edible mushroom in stews but less so by itself, although it is a matter of taste. Many people confuse it with the field blewit or blue-leg (*Lepista personata*), which is only purple in the stipe, and not the cap. Another common confusion with various webcaps (*Cortinarius*) with purple or bluish hues. There are people who have eaten these without noticing the difference when they are really inedible, although luckily they are innocuous.



	150 grams	200 grams	250 grams	300 grams	400 grams	500 grams
OYSTER MUSHROOM	✓	✓	✓		✓	✓
KING OYSTER MUSHROOM		✓	✓		✓	
SHII-TAKE	✓	✓	✓		✓	
POPLAR MUSHROOM		✓			✓	
BLEWIT		✓			✓	
MIXED VALLONDO 1 <i>(Shii-take, Mini King Oyster Mushroom y Oyster Mushroom)</i>				✓		
MIXED CASTAÑÓN 1 <i>(King Oyster Mushroom, Shii-take y Poplar Mushroom)</i>				✓		
MIXED VALLONDO 2 <i>(Mini King Oyster Mushroom, Mini Shii-take y Mini Oyster Mushroom)</i>	✓			✓		
MIXED CASTAÑÓN 2 <i>(Blewit, Shii-take y Oyster Mushroom)</i>		✓			✓	